



Caldy Road
West Kirby
Wirral
CH48 2HE

Telephone: 0151 625 6993
Fax: 0151 625 0332

Headteacher: Mrs J Callaway

E-mail: Schooloffice@avalon-school.co.uk

17 October 2017

Dear Parents

Re. ISA swimming gala

We have been invited to enter a team for the North Independent Schools Association swimming gala in Macclesfield on **Saturday 18th November 2017**. The competition is open to boys and girls in years 4 – 6 and children may swim in two individual scoring events from breaststroke, freestyle and backstroke. There will also be a relay and a butterfly event. Although I will be in attendance, parents must take their children to and bring them home from the event. There is plenty of space for spectators at the event.

The individual events are very competitive and are over 50m (2 lengths so turns are included) so it is imperative that, firstly, children are competent in their chosen stroke, and secondly, they have some experience of swimming in a competitive race.

The rules are as follows:

I.S.A. NORTH AREA – JUNIOR SWIMMING GALA

Macclesfield Leisure Centre, Cheshire, SK10 4AF on Saturday 18th November 2017.

The pool is booked 13:00 to 17:30

1. The gala will run under A.S.A rules.
2. In individual events a swimmer may swim in his/her age group only but may swim in an older age group in the team events.
3. Individual events will be over 2 lengths of the pool (50 metres) as will be each leg of the relay.
4. Breaststroke swimmers that they must kick both legs simultaneously during the race and must touch the end of the pool with both hands simultaneously at the end of the race.
5. The winners of the following races will represent the North area at the National Swimming Gala in January 2017.
 - U10 – backstroke, breaststroke, freestyle and **relay (4 fastest in freestyle event)**.
 - U11 – backstroke, breaststroke, freestyle and **relay (4 fastest in freestyle event)**
 - U12 – backstroke, breaststroke, freestyle, butterfly and relays (**4 fastest in freestyle event**)

If you think that your child would like to represent Avalon in the gala, please contact me via email by **Friday, 20th October**. If there is sufficient interest to raise a team, then I will accept the invitation. I will then forward on more details.

Regards,

Mr M Ashton
Deputy Headteacher
martinashton@avalon-school.co.uk