

Wednesday, 06 September 2023

Dear Parents/Carers,



Below are the details regarding extra-curricular clubs for the Autumn Term 2023. Please take the time to help your child(ren) think carefully about the clubs they would like to do as they will need to commit to the club for the full term. If there is not sufficient interest in a club, unfortunately, the club will not be able to run.

To enable the smooth and safe running of the clubs, we may have to place a limit on the number of children attending. If a club is over-subscribed children will be allocated places not on a first come first served basis but following the drawing of names randomly. Children who are not allocated places will be offered a place on a reserve list.

There may be additional clubs which are added throughout the term and we will let parents know about these via letter.

Online forms should be completed by 12pm on **Thursday 14 September 2023** and we will confirm places as soon as possible after that. Unless indicated, clubs will begin in the week beginning **Monday 18 September 2023**.

Please note that there are no clubs on Tuesday 7th and Thursday 9th November, owing to parents' evenings.

Children attending clubs running after school may bring an additional healthy snack which they can have before their club begins.

Children will need full PE kit for sporting clubs and, in line with our school policy, cannot take part in activities without it. As a reminder, our uniform policy states that all children should have black trainers for PE and sports clubs. The sports clubs will be on the astroturf or in the hall so children can wear their black PE trainers. They will not be able to wear bladed studs or similar.

Please use the emailed link for the google forms.

Yours sincerely

A handwritten signature in blue ink, appearing to read 'M Ashton'.

Mr M Ashton
Deputy Headteacher

Clubs Information

Drama – please see the attached letter about the drama sessions.

Ballet / Acro Dance – please see the attached letter about dance sessions

Activity4All Clubs - please see the attached letter about the Tuesday and Thursday sessions.

Verbal Reasoning sessions Girls and boys in Year 5 who are wishing to sit for Upton Hall or St Anselm's must sit NFER tests in Verbal Reasoning. The entrance exam for St Anselm's for boys also consists of three written papers (VR, Maths & English) and a mental maths paper. With this in mind, Mr Ashton will be running after school sessions teaching the skills of verbal reasoning which are likely to appear on these two assessments and are therefore aimed at boys and girls who are wishing to sit these exams. This is being run alongside the timetabled preparation for the assessments within curriculum time.

Sign Language Club - British Sign Language (BSL) gives children new communication skills and a whole new perspective of the world. Come along and learn the basics of BSL.

Lower School Activities (Reception to Year 2)

	Club	Time	Venue	Year Group	Club Leader	Information
Mon	Ballet	2.30 – 3.00	Hall	Pre School	Louise Rutter from HSOD	Please see the additional letter for sign up information
	Ballet	3.05 – 3.35		R – Y2		
Tues	Multi skills	3.05 – 3.35	Hall / Astro	R – Y2	Activity4All	Please see the additional letter for sign up information
Wed	Construction Club	3.05 – 3.40	Y1 / 2 Classroom	R – Y2	Mrs Parkins	
	Yoga / Dance	3.05 – 3.40	Reception class	R – 2	Miss Hardy	
Thurs	Football	3.05 – 3.35	Hall / Astro	R – Y2	Activity4All	Please see the additional letter for sign up information
Fri	Drama	3.05 – 3.35	Hall	Y1 - Y2	Joe Mann	Please see the additional letter for sign up information

Upper School Activities (Year 3 to Year 6)

	Club	Time	Venue	Year Group	Club Leader	Information
Mon	Acro Dance	3.40 – 4.40	Hall	Y3 –Y6	Louise from HSOD	Please see the additional letter for sign up information
Tue	Tag Rugby	3.40 – 4.40	Hall / Astro	Y3 –Y6	Activity4All	Please see the additional letter for sign up information
	STEM	3.40 – 4.30	Science room	Y3–Y6	Miss Robertson	
Wed	Coding	Lunchtime	Computing Room	Y3 – 6	Mrs Jones	
	Choir	3.40 – 4.30	Hall	Y3 – 6	Mrs Keenan and Mrs Kililiku	
	Creative writing (BBC 500 words)	3.40 – 4.30	Year 3 classroom	Y3 – 6	Miss Harrington	
Thur	Netball	3.40-4.40	Astroturf	Y3-Y6	Activity4All	See the separate letter
	Sign Language	Lunchtime	Y5 Classroom	Y3 – 6	Mrs Griffiths	
	Verbal Reasoning	3.40 – 4.30	Y5 Classroom	Y5	Mr Ashton	
Fri	Drama	3.40 – 4.30	Hall	Y3 Y6	Joe Mann	Please see the additional letter for sign up information

DANCE CLASSES
DANCE CLASSES
MONDAYS
AT AVALON



Join our Ballet classes at Avalon

Mondays

2:30-3:00 Pre School - £5

3:05-3:35 Reception -Yr 2 - £5

To book in please email
lou.rutter@yahoo.co.uk

Uniform for the ballet classes will be a leotard, a skirt and ballet tights or socks and ballet shoes all in pink. Boys White t-shirt and black cycle shorts white socks and white ballet shoes.

DANCE CLASSES
**ACRO DANCE
CLASSES MONDAYS
AT AVALON**



Join our Acro Dance class at Avalon
Mondays

Year 3 + 3:40pm-4:40pm £6.50

**To book in please email
lou.rutter@yahoo.co.uk**

Uniform for the Acro class
Avalon school P.E Kit
bare feet.

Dance and Ballet:

Hello all, my name is Louise Rutter and I am so looking forward to joining Avalon to bring ballet and acro dance to your school. A bit about me. I have been performing since the age of 4 where I began my dance training at Hilton Bromley. I later moved my training to Elliot Clarke School of Performing Arts. I appeared in many shows and pantomimes throughout my years of dancing.

I later went on to be a part of a professional company at the Everyman Theatre in Liverpool where I performed in various shows. I also have appeared on Brookside and Hollyoaks bit parts and extra work. However as much as I enjoyed the performing side, I felt my true passion was teaching I was lucky enough to get my teaching associate qualifications with the IDTA in Ballet Tap & Jazz, I then went on to teach at Hoylake School of Dance where I have been for 22 years. I have had many successful students go on from where I teach such as Rebecca Mendoza who was the lead in Hairspray on the UK tour 2017. Another student went off to the Royal Ballet school to study and most recently, another student is heading there in September.

I have won many awards for my choreography at various competitions throughout the UK. My main aim is to bring your child a dance class where we can learn the discipline of dance in a fun and friendly environment. I will incorporate fun ways of learning exercises through characters and imaginary scenarios this will help develop communication skills and confidence.

The sessions are from

2.30 – 3.00 (Nursery / Pre School Ballet) – (£45)

Whilst you are welcome to sign up for the term now, the first session, on Monday 18th September will be a free “taster” session for all children in nursery / pre school. If they would like to join after that, you can contact Louise.

3.05 – 3.35 (Reception – 2 Ballet) – (£50)

3.40 – 4.40 (Years 3 – 6 Acro Dance) – (£65)

The sessions will run from Monday 18th September until Monday 4th December (10 sessions)

Please ensure that you use the reference eg AVALON and your child's name (eg AVALON SMITH)

K L Rutter
Sort 20-50-36
Account number 30358835

To register, you should also send an email directly to lou.rutter@yahoo.co.uk with:

Your child's name
Year group State whether Infant club or Junior club
Payment reference and confirmation of payment

If you have any questions, please contact Louise directly at the above email address.

Activity4All

As we have done in the past, we have partnered with Activity for All (Wirral) and they will be providing exciting new clubs for us from next week.

R – 2 MultiSkills and Year 3 – 6 Tag Rugby

Multiskills club gives lots of opportunities for the children to practise a full range of skills that are required to achieve in sport. The skills focus on the key areas of agility, balance and coordination, with lots of fun games too!

Tag Rugby, is a fast, fun, non contact format of the game. Focussing on the core skills of catch, pass, run and the introduction of a tag as a tackle, whilst fostering personal and social skills in a safe, inclusive environment. All players wear a Velcro belt, including two tags, one on each hip. The tag occurs when the defending player pulls a tag from the ball carrier, representing the tackle.

The sessions will run from Tuesday 19th September until Tuesday 5th December (9 sessions)
The cost for the 9 sessions will be £27 (Infants) and £45 (Juniors)

R – 2 football and Y4 - 6 Netball (Thursdays)

Then, from 3.05 – 3.35 / 3.40 until 4.40, they will be running a football club, encompassing skills and games in a safe environment. The sessions will run from Thursday 21st September until Thursday 7th December (Inclusive) (9 sessions). The cost for the 9 sessions will be £27 (Infants) and £45 (Juniors)

Payments

If you wish for your child to be a part of these clubs, please complete the form online. Payment is preferred via BACS.

Please use the reference of “child’s surnameCLUBS” eg JonesCLUBS

Bank: Lloyds Bank

Account Name: Avalon School Educational Trust

Account Number: 03074431

Sort Code: 30-15-52

Followed by an email to schooloffice@avalon-school.co.uk containing:

Your child’s name

Year group

State whether KS1 club or KS2 club

Payment reference and confirmation of payment

Children will need full PE kit for sporting clubs and, in line with our school policy, cannot take part in activities without it. As a reminder, our uniform policy states that all children should have black trainers for PE and sports clubs. The football clubs will be on the astroturf or in the hall so children can wear their black PE trainers. They will not need boots or specific football trainers.