



Headteacher: Mrs J Callaway  
BA Hons QTS, FCCT  
jcallaway@avalon-school.co.uk

Caldy Road  
West Kirby  
Wirral  
CH48 2HE

Telephone: 0151 625 6993  
E-mail: Schooloffice@avalon-school.co.uk

3<sup>rd</sup> February 2023

## RSHE Consultation and Parent Information Meeting



Dear Parents and Carers,

As a part of your child's educational experience at Avalon School, we aim to promote personal wellbeing and development through a comprehensive taught programme of Personal, Social, Health, Citizenship and Economic (PSHCE) education that gives children and young people the knowledge, understanding, attitudes and practical skills to live healthy, safe, productive and fulfilled lives, both now and in the future.

The Department for Education announced changes to relationships, health and sex education following nationwide consultation and these changes came into effect from September 2020. All schools were required to comply with the updated requirements by Summer 2021. The statutory guidance can be found at:

<https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education>

As part of our ongoing curriculum updates, we have been reviewing our RSHE (Relationships, Sex and Health Education) curriculum and policy so we can be sure our RSHE provision, which will be taught during the next half term, (week commencing 27<sup>th</sup> February) is appropriate for our pupils based on their:

- Age
- Physical and emotional maturity
- Religious and cultural backgrounds
- Special educational needs and disabilities

The important lessons you teach your child about healthy relationships, looking after themselves and staying safe, are respected, and valued under our RSHE curriculum. Teaching in school will complement and reinforce the lessons that you teach your child as they grow up. It is very important, therefore, that parents know and understand how and when the school will cover content of this curriculum and we urge parents to read and review this policy as a first step. To read and find out more about the school's current RSHE policy and curriculum content for each year group, please click here: [RSHE Policy Updated January 2023](#)





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Parents may also find it useful to read the DfE's [Frequently Asked Questions](#) document which provides further details and explains some of the common misconceptions around Relationships and Sex Education. The [RSE primary schools guide for parents.pdf](#) provides some further information about parental rights.

As part of this review process, we would like to consult with parents, to inform our decisions on when and how certain curriculum content is covered in school. Based on the feedback from our consultation survey, we will make any necessary adjustments to our current RSE policy and curriculum content and inform parents of any changes.

Parents will be invited to a virtual parent information meeting on **Monday 13<sup>th</sup> February starting at 5.00pm (Reception – Y6) via Zoom**. The aim of the meeting is for parents to find out more about what your child will learn, view the materials and resources being used in lessons and discover how you can best support your child at home.

As a school community we are committed to working in partnership with parents and previous consultations and feedback have indicated that the overwhelming majority of parents continue to be highly supportive of our RSHE programme. If you would like to find out more or discuss any concerns, we would urge you to virtually attend the information meetings (**further meeting details and joining links to follow**) and complete the survey link below.

**To participate in the Parent RSHE consultation survey please click on the link below:**

**[RSHE Parent Survey \\_ February 2023](#)**

**The survey will close by end of Friday 10<sup>th</sup> February 2023**

Yours sincerely

Mrs J Callaway  
Headteacher



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