

10th January 2023

Dear Parents/Carers,



Below are the details regarding extra-curricular clubs for the Spring Term 2023. Please take the time to help your child(ren) think carefully about the clubs they would like to do as they will need to commit to the club for the full term. If there is not sufficient interest in a club, unfortunately, the club will not be able to run.

To enable the smooth and safe running of the clubs, we may have to place a limit on the number of children attending. If a club is over-subscribed children will be allocated places not on a first come first served basis but following the drawing of names randomly. Children who are not allocated places will be offered a place on a reserve list.

There may be additional clubs which are added throughout the term and we will let parents know about these via letter.

Online forms should be completed by 4pm on **Thursday 12 January 2023** and we will confirm places as soon as possible after that. Unless indicated, clubs will begin in the week beginning **Monday 16 January 2023**

Children attending clubs running after school may bring an additional healthy snack which they can have before their club begins.

Children will need full PE kit for sporting clubs and, in line with our school policy, cannot take part in activities without it. As a reminder, our uniform policy states that all children should have black trainers for PE and sports clubs. The football clubs will be on the astroturf or in the hall so children can wear their black PE trainers. They will not need boots or specific football trainers.

Please use the emailed link for the google forms.

Yours sincerely

A handwritten signature in blue ink, appearing to read 'M Ashton'.

Mr M Ashton
Deputy Headteacher

Clubs Information

Drama – please see the attached letter about the drama sessions.

Ballet / Acro Dance – please see the attached letter about dance sessions

Activity4All Clubs - please see the attached letter about the Tuesday and Thursday sessions.

Verbal Reasoning sessions Girls and boys in Year 5 who are wishing to sit for Upton Hall or St Anselm's must sit NFER tests in Verbal Reasoning. The entrance exam for St Anselm's for boys also consists of three written papers (VR, Maths & English) and a mental maths paper. With this in mind, Mr Ashton will be running after school sessions teaching the skills of verbal reasoning which are likely to appear on these two assessments and are therefore aimed at boys and girls who are wishing to sit these exams. This is being run alongside the timetabled preparation for the assessments within curriculum time.

Sign Language Club - British Sign Language (BSL) gives children new communication skills and a whole new perspective of the world. Come along and learn the basics of BSL.

Lower School Activities (Reception to Year 2)

	Club	Time	Venue	Year Group	Club Leader	Information
Mon	Ballet	2.30 – 3.00	Hall	Pre School	Louise Rutter from HSOD	Please see the additional letter for sign up information
	Ballet	3.05 – 3.35		R – Y2		
Tues	Chess	3.05 – 3.35	Science room	Y1 -Y2	Graham Carr	Please see the additional letter for sign up information
	Ju Jitsu	3.05 – 3.35	Hall	R – Y2	Activity4All	Please see the additional letter for sign up information
Wed	Construction Club	3.05 – 3.40	Y1 / 2 Classroom	R – Y2	Mrs Parkins and Mrs Roberts	
Thurs	Football	3.05 – 3.35	Hall / Astro	R – Y2	Activity4All	Please see the additional letter for sign up information
Fri	Drama	3.05 – 3.35	Hall	Y1 - Y2	Joe Mann	Please see the additional letter for sign up information

Upper School Activities (Year 3 to Year 6)

	Club	Time	Venue	Year Group	Club Leader	Information
Mon	Acro Dance	3.40 – 4.40	Hall	Y3 –Y6	Louise from HSOD	Please see the additional letter for sign up information
Tue	Jiu Jitsu	3.40 – 4.40	Hall	Y3 –Y6	Activity4All	Please see the additional letter for sign up information
	Chess	3.40 – 4.50	Science Room	Y3 -Y6	Graham Carr	Please see the additional letter for sign up information
Wed	Aladdin Rehearsals	3.40 – 4.30	Hall	Y3 -Y6	Mrs Keenan and Mrs Kililiku	
	STEM	3.40 – 4.30	Science room	Y3–Y6	Miss Robertson	
Thur	Football	3.40-4.40	Astroturf	Y3-Y6	Activity4All	See the separate letter
	Verbal Reasoning	3.40 – 4.30	Y5 Classroom	Y5	Mr Ashton	
Fri	Drama	3.40 – 4.30	Hall	Y3 Y6	Joe Mann	Please see the additional letter for sign up information
	Sign Language Club	Lunchtime	Year 3 Classroom	Y3-Y6	Miss Jones	

DANCE CLASSES
**DANCE CLASSES
MONDAYS
AT AVALON**



Join our Ballet classes at Avalon
Mondays

2:30-3:00 Pre School - £5

3:05-3:35 Reception -Yr 2 - £5

**To book in please email
lou.rutter@yahoo.co.uk**

Uniform for the ballet classes will be a leotard, a skirt and ballet tights or socks and ballet shoes all in pink. Boys White t-shirt and black cycle shorts white socks and white ballet shoes.

DANCE CLASSES
**ACRO DANCE
CLASSES MONDAYS
AT AVALON**



Join our Acro Dance class at Avalon
Mondays

Year 3 + 3:40pm-4:40pm £6.50

**To book in please email
lou.rutter@yahoo.co.uk**

Uniform for the Acro class
Avalon school P.E Kit
bare feet.

Dance and Ballet:

Hello all, my name is Louise Rutter and I am so looking forward to joining Avalon to bring ballet and jazz to your school. A bit about me. I have been performing since the age of 4 where I began my dance training at Hilton Bromley. I later moved my training to Elliot Clarke School of Performing Arts. I appeared in many shows and pantomimes throughout my years of dancing.

I later went on to be a part of a professional company at the Everyman Theatre in Liverpool where I performed in various shows. I also have appeared on Brookside and Hollyoaks bit parts and extra work. However as much as I enjoyed the performing side, I felt my true passion was teaching I was lucky enough to get my teaching associate qualifications with the IDTA in Ballet Tap & Jazz, I then went on to teach at Hoylake School of Dance where I have been for 22 years. I have had many successful students go on from where I teach such as Rebecca Mendoza who was the lead in Hairspray on the UK tour 2017. Another student went off to the Royal Ballet school to study and most recently, another student is heading there in September.

I have won many awards for my choreography at various competitions throughout the UK. My main aim is to bring your child a dance class where we can learn the discipline of dance in a fun and friendly environment. I will incorporate fun ways of learning exercises through characters and imaginary scenarios this will help develop communication skills and confidence.

The sessions are from

2.30 – 3.00 (Nursery / Pre School Ballet)

3.05 – 3.35 (Reception – 2 Ballet)

3.40 – 4.40 (Years 3 – 6 Acro Dance)

The sessions will run from Monday 16 January until Monday 27 March (inclusive). The cost for the 10 sessions will be £50 (ballet) and £65 (Acro dance)

Please ensure that you use the reference eg AVALON and your child's name (eg AVALON SMITH)

K L Rutter

Sort 20-50-36

Account number 30358835

To register, you should also send an email directly to lou.rutter@yahoo.co.uk with:

Your child's name

Year group State whether Infant club or Junior club

Payment reference and confirmation of payment

If you have any questions, please contact Louise directly at the above email address.

Chess



Graham Carr has been coaching chess in primary schools for over twenty years. In that time many of the teams and individuals have enjoyed great success. During the term, Graham will provide a series of lessons on the demonstration board, organise group and individual activities for practice, and run a tournament with prizes to be given out at the end of term. His aim is to improve the children's understanding, through their enjoyment of the game. There will be opportunities to take part in competitions both in school and against other schools. Each week there will be a teaching input which will build on the previous session and, of course, opportunities to enjoy playing the game of chess!

The club is on **Tuesdays** after school from 3.05 – 3.40 for children in Years 1 – 2 and 3.40 – 4.50 for children in Years 3 - 6. The first session of the Spring term is scheduled to commence on Tuesday 17th January. There will be 10 sessions per term and the cost of the club is £25 for the Year 1 and 2 club (£2.50 per session) and £45.00 per term for the Year 3 – 6 lessons (£4.50 per session).

The sessions are from

3.05 – 3.35 (Years 1 and 2)

3.40 – 4.50 (Years 3 – 6)

The sessions will run from Tuesday 17 January until Tuesday 28 March (inclusive). The cost for the 10 sessions will be £25 (Infants) and £45 (Juniors)

Please ensure that you use the reference eg AVALON and your child's name (eg AVALON SMITH)

Mr Graham Carr

Sort Code : 301552

Account Number : 56339960

To register, you should complete the enrolment form overleaf and email it directly to Graham via afcgraham@hotmail.co.uk

If you have any questions, please contact Graham directly.

Enrolment Slip for Chess Spring Term 2023

Child's Name	
Year Group	
Parent's Name	
Relationship to Child	
Parent's Telephone N°	
Parent's Email Address	
Medical conditions / Allergies	
Parent's Signature	
Date	

Email it to afcgraham@hotmail.co.uk

Activity4All (Ju Jitsu and Football)

As we have done in the past, we have partnered with Activity for All (Wirral) and they will be providing exciting new clubs for us from next week.

R – 2 / Year 3 – 6 Jiu Jitsu (Tuesday)

Jiu Jitsu and Self-Defence are excellent opportunities for children to develop some key concepts such as self-control, discipline and inner focus alongside their balance, coordination, and gross-motor control. Self-Defence is a counter measure that involves defending the health and wellbeing of oneself from harm. The aim of this unit is to challenge students and to empower them with techniques to defend themselves. Self-defence training develops real confidence that is backed up by mental and physical capability, without arrogance or the need to show off newly acquired skills. All sessions are completed within a safe, controlled and stimulating environment designed to allow children to develop these skills with minimal risk of injury or accident. All sessions are delivered by Miss Talib, a Jiu Jitsu Black-Belt coach from Activity for All.

The sessions will run from Tuesday 17 January until Tuesday 28 March (inclusive). The cost for the 10 sessions will be £30 (Infants) and £50 (Juniors)

R – 2 football and Y4 - 6 Football (Thursdays)

Then, from 3.05 – 3.35 / 3.40 until 4.40, they will be running a football club, encompassing skills and games in a safe environment. The sessions will run from Thursday 19 January until Thursday 30 March (inclusive). The cost for the 10 sessions will be £30 (Infants) and £50 (Juniors)

Payments

If you wish for your child to be a part of these clubs (Jiu Jitsu and / or Football), please complete the form online. Payment is preferred via BACS.

Please use the reference of “child’s surnameCLUBS” eg JonesCLUBS

Bank: Lloyds Bank

Account Name: Avalon School Educational Trust

Account Number: 03074431

Sort Code: 30-15-52

Followed by an email to schooloffice@avalon-school.co.uk containing:

Your child’s name

Year group

State whether KS1 club or KS2 club

Payment reference and confirmation of payment

Children will need full PE kit for sporting clubs and, in line with our school policy, cannot take part in activities without it. As a reminder, our uniform policy states that all children should have black trainers for PE and sports clubs. The football clubs will be on the astroturf or in the hall so children can wear their black PE trainers. They will not need boots or specific football trainers.