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Things that are born/germinate	Things that grow	Things that die

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Scenario 1



Jemal and his family moved to the UK recently, leaving their house and some of their family and friends behind. Jemal just started at his new school. The teachers and pupils are all nice to him, but everything is very different and Jemal doesn't know how to act. He used to be loud and make lots of jokes with his friends, but now he stays quiet in lessons and doesn't sit with anyone at break time. He feels very alone.

<p>What might they be grieving for?</p>	
<p>How are they behaving?</p>	
<p>How might they be feeling now?</p>	
<p>How might they feel in a year's time?</p>	
<p>What could they do to help manage their feelings?</p>	

Scenario 2



Last month, Tara's parents told her that they were separating and that her dad was going to live somewhere else. Tara thought that she should be very brave about it, and not cause a fuss. She thought that if she was on her best behaviour and helped her parents at home, then her dad wouldn't need to leave. But last weekend, her dad moved out of their house. Tara had a big fight with her mum and feels very angry.

<p>What might they be grieving for?</p>	
<p>How are they behaving?</p>	
<p>How might they be feeling now?</p>	
<p>How might they feel in a year's time?</p>	
<p>What could they do to help manage their feelings?</p>	

Scenario 3



Andrea's guinea pig died this week. When her mum told her what had happened, Andrea couldn't stop crying. She had planned to play with the guinea pig last weekend, but was invited to a friend's house and didn't have time to. She is very upset with herself for not spending time with her pet. Her mum said that after some time has passed they could look for a new animal, but Andrea doesn't think she deserves a pet anymore.

<p>What might they be grieving for?</p>	
<p>How are they behaving?</p>	
<p>How might they be feeling now?</p>	
<p>How might they feel in a year's time?</p>	
<p>What could they do to help manage their feelings?</p>	

Scenario 4



Nathan’s Auntie Nora is very unwell. Nathan’s dad said that she isn’t going to get better and that they have to spend as much time with Auntie Nora as they can. Nathan doesn’t understand why his auntie can’t get better, or why the doctors at the hospital can’t make her better. His family all seem really sad all the time now, but Nathan doesn’t really feel much of anything. When they go to visit Auntie Nora, Nathan doesn’t know how to act.

<p>What might they be grieving for?</p>	
<p>How are they behaving?</p>	
<p>How might they be feeling now?</p>	
<p>How might they feel in a year’s time?</p>	
<p>What could they do to help manage their feelings?</p>	