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CH48 2HE

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1<sup>st</sup> February 2022

Dear Parents/Carers,



**Dress to Express Day  
Friday 11<sup>th</sup> February 2022**

It is children's mental health week on Monday 7<sup>th</sup> to Friday 11<sup>th</sup> February 2022 and has the theme 'Growing Together'. Following a recent meeting the School Council have organised for their next funding event to support a charity called Place2Be.

Since 2015, the Place2Be charity has supported more than 5300 pupils through one-to-one counselling. The School Council was shocked to learn that 50% of people with lifetime mental health problems first experienced symptoms by the age of 14. The School Council have talked about how the pandemic has affected their own mental wellbeing, such as not being able to see friends or take part in their usual out of school activities and clubs.

On Friday 11<sup>th</sup> February 2022, all pupils and staff are invited to join our 'Dress to Express' day. Children and staff may come to school dressed in their favourite outfit or colour for a suggested donation of £2.00 each. Donations should be brought into school in a named envelope and handed to form teachers / key workers.

The School Council would like to thank everyone in advance for your support.

Yours sincerely

Leo James Callaway Freddie  
 Emma Tom Mrs J Callaway Rose  
 Aidan Emma Ted Sophie  
 Eve George

**The School Council**

