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Dear Parents/Carers,



### Spring Term Year 6 Art & Design Food/Cookery Lessons

As part of the Year 6 Art & Design lessons during this half term the children will be completing some food tasting and cooking lessons with the aim to encourage the children to develop cooking methods, skills, and techniques from Africa, as well as learning about the ingredients and dishes from this continent. All ingredients will be provided by school and of course all allergies will be catered for.

The Year 6 food lessons will commence on Thursday 13<sup>th</sup> January, when they will start by tasting ingredients that are grown in Africa (avocado, sweet potato, pomegranate juice, Sharon fruit and butternut squash). The following two lessons will include making an African snack (Thursday 20<sup>th</sup> January) and creating an African dish (Thursday 27<sup>th</sup> January). The children will be bringing home the snack and dish they have prepared to share with their family. In order for the children to bring home the food they have prepared we would be most grateful if parents/carers could provide a tub with a lid each Thursday.

We hope that the children will learn some useful lifelong skills which can be put to use when helping out at home and later in life.

If you would rather your child did not take part in the food tasting lesson, please contact the school office by 9am on Thursday 13<sup>th</sup> January. Likewise, if there are any allergies that we need to aware of please inform the school office.

If you have any queries regarding the lessons, please do not hesitate to contact the school office.

Yours sincerely

Mrs J Callaway  
Headteacher

