



Caldy Road
West Kirby
Wirral
CH48 2HE

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11th June 2021

PLEASE



**NO PEANUTS
OR
NUT PRODUCTS**



Dear Parents and Carers,

This letter is to inform you that we have children within our school who have very severe and potentially life-threatening food allergies to several ingredients and foods including all nuts and sesame seeds. The food allergies are severe and exposure in any form (skin contact or ingestion) to these substances could result in anaphylaxis, a potentially fatal condition that requires immediate medical attention.

For the safety of the children and staff working in school we are asking parents and carers to be conscientious in the selection of snacks that your child brings to class, in an attempt to further limit the chances of children being exposed to such allergens.

We must ask that only healthy snacks such as fruit or vegetables should be brought into school. Please note, that crisps are not deemed as a healthy snack. Please also instruct your child to not share food with other classmates.

Our "Nut-Free Policy" means that the following items should not be brought into school:

- Packs of nuts
- Peanut butter sandwiches
- Fruit and cereal bars that contain nuts
- Chocolate bars or sweets that contain nuts
- Sesame seed rolls (children allergic to nuts may also have a severe reaction to sesame)
- Cakes or pastries made with nuts
- Pretzels or similar

This list is not exhaustive; however all product packaging must be checked for warnings directed at nut allergy sufferers and if the following or similar are displayed, the product must not be used or brought into school. Packaging must be checked for:



AVALON SCHOOL EDUCATIONAL TRUST Registered Charity N° 1088050



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- Not suitable for nut allergy sufferers
- This product contains nuts;
- This product may contain traces nuts;

These indicate that this is unsuitable for school consumption.

We know that many parents like to celebrate birthdays and other occasions with special treats. We encourage parents to celebrate with non-food items such as stickers, pencils, themed erasers, or other trinkets, rather than food.

Any food sent in to share with children should be pre-packaged and contain an ingredient label. Please give these items to your child's teacher for distribution.

Thank you in advance for your understanding and co-operation. By working together, we can make the school environment a safe and healthy place for everyone.

Yours sincerely

Mrs J Callaway
Headteacher

