



AVALON SCHOOL

Weekly Newsletter

Friday 4th July 2019



SUMMER BREAK

SCHOOL FINISHES ON FRIDAY 12th JULY

AT THE USUAL TIME

Please click on the links below for further news and useful information

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Parents' Area	This week's letters - Letters Clubs Timetable - Clubs Timetable Term Dates 2018/19 & 2019/20 - Term Dates
Calendar Dates	Calendar Dates
Before & After School	Fun Activities
PTA News	PTA News & Event

CELEBRATING ACHIEVEMENTS

House Cup Winners 2018-2019



The children of St Patrick's enjoyed a trip to the Ninja Warrior Obstacle Course at HC Fit in Liverpool as their reward for earning the most house points throughout the year. They learnt how to use the obstacles and complete different challenges. The children thoroughly enjoyed their treat! There are lots of [photographs](#) on the school website.

This Week's Golden Table

Rec	CS	Y1	EK	Y2	EK
Y3	AR	Y4	NN	Y5	VV
		Y6	LG		

Children's Favourite Dishes This Week

Main: Chicken Roast Dinner
Pudding: Apple Crumble & Custard

Menu for Week Comm. 8th July



Follow this link for our [Lunch Menus](#)

Wellbeing Quote of the Week



Each week we will be sharing a 'Well Being quote' with the whole school community to encourage everyone to take a little time out of their busy schedules to use mindfulness and to think about their well-being.

Take some time to simply be.

Dates for Your Diary

NEWS, NOTICES & REMINDERS

JULY 2019

Mon 8th

Infant (Reception to Year 2)
Summer Concert & Achievement Awards at 2pm

Year 6 Non-Uniform Day

Tue 9th

PTA Summer Disco 5.30pm to 7pm

Thur 11th

Year 6 Leavers' Assembly at 9.15am

Juniors (Year 3 to Year 6)
Achievement Awards at 2pm

Fri 12th

School Closes for the Summer Break at 3.40pm



S4YC Holiday Club Available for Summer Break

SUMMER BREAK
MON 15th JULY
TO
FRI 30th AUGUST

Beauty & The Beast Photographs

Link to photographs from Thursday evening's performance:

<https://www.avalon-school.co.uk/gallery/?pid=1&qcatid=24&albumid=71>

Link to photographs from Friday evening's performance:

<https://www.avalon-school.co.uk/gallery/?pid=3&qcatid=1&albumid=72>

Extra-Curricular Clubs

Next week is the last week for the majority of Extra-Curricular Clubs; the following clubs **will** be taking place:

- Tennis (Monday)
- Creative Writing (Wednesday)

All other extra-curricular clubs have now finished for the summer term.

Fruit Loot

Well done to our Year 6 entrepreneurs who have run their Fruit Loot Tuck Shop for the last two terms and raised an amazing **£578.95** for the charity Stick & Step. We welcomed Dina Cottier from Stick & Step this week to make our presentation to the charity.



End of Year Reports

Children in Reception to Year 6 will be coming home with their end of year school reports today. We would ask that parents return the reply slip to confirm that they have received their child's report and any comments that you wish to make. These should be returned to the school office by Tuesday 9th July.

**SEPTEMBER
2019**

Mon 2nd
Staff INSET Day

Tue 3rd
Staff INSET Day

Wed 4th
Children return to
School

Thur 12th
Parent Information
Meeting at 6pm

Thur 19th
Pre-School to
Year 2 Parents
Phonics Workshop

**Infant Summer Concert & Achievement Awards
Monday 8th July at 2pm**

The parents/carers and families of the children in Reception, Year 1 and Year 2 are invited to our Infant Summer Concert and Achievement Awards celebration on Monday 8th July at 2pm in the school hall. We do hope that you can join us for this special occasion.

**Year 6 Non-Uniform Day
Monday 8th July**

The children in Year 6 may come into school in their own clothes on Monday 8th July.

**PTA Summer Disco
Tuesday 9th July from 5.30pm to 7pm**

**Year 6 Leavers' Assembly
Thursday 11th July at 9.15am**

The parents/carers and families of the children in Year 6 are invited to our Year 6 Leavers' Assembly on Thursday 11th July at 9.15am in the school hall as we wish them well on the next stage of their educational journey. We do hope that you can join us for this special occasion

**Junior Achievement Awards
Thursday 11th July at 2pm**

The parents/carers and families of the children in Year 3 to Year 6 are invited to our Junior Achievement Awards celebration on Thursday 11th July at 2pm in the school hall. We do hope that you can join us for this special occasion.

**School Finishes
Friday 12th July at the Usual Time**

SCHOOL FINISHES ON

FRIDAY 12TH JULY AT THE USUAL TIME

Please note that Breakfast Club and After School Club will be available.

St Bridget's Church Summer Fair Saturday 6th July

St Bridget's Church Summer Fair 2019

Flower-arranging competition

Saturday 6th July

THEME: UPCYCLING

Recycle an old yogurt carton, tin can or other container for your arrangement

Open to all ages with prizes for 3 age categories:

12 years and under, entry fee 50p

13 to 20 years, entry fee £1

21 years and over, entry fee £2

11.30 am Bring arrangement(s) to the Fair for judging at 12.30 pm

For further information or to register your interest in taking part, please ring 342 2025

Please note: each arrangement must occupy table space no bigger than 29.7 cm x 42.0 cm (A3 paper or two sheets of A4)



YOU MAY WISH TO DONATE YOUR ARRANGEMENT FOR SALE AT THE FAIR BUT THIS IS OPTIONAL

S4YC Holiday Club Summer Holiday

S4YC will be running a Holiday Club at Avalon from 15th July through to 30th August. Please ensure that you book your places on the S4YC website as soon as possible to enable confirmation of a place by copying & pasting this link into your browser: www.s4yc.co.uk



Infant (Reception to Year 2) Trip to The Boat Museum

The children in Reception to Year 2 visited The Boat Museum in Ellesmere Port on Tuesday. Click on the following link for [photographs](#) of their day out.

Pre-School Graduation

Thank you to the family and friends of our Pre-School children who attended their graduation, this week. We hope you enjoyed this milestone event and we wish our Pre-School children the best of luck as they take their next step in their education journey.

Skiing Success!



On Saturday 29th June Henry (Year 1) competed in the 5 Ski Race Summer Series in Stoke. Achieving 1st place. Well done Henry!

Taekwondo Success!

On Saturday 29th June, Ethan (Year 4) entered the British Taekwondo Federation: 2019 British Taekwondo Championships. After competing against 17 others and getting through round after round to the final, Ethan gained second place achieving Silver. Well done Ethan!



PTA Strawberry Tea



Thank you to all those who supported this year's Strawberry Tea - it was a wonderful afternoon. The children enjoyed the Chocolate & New Toy Tombolas, Splat the Rat and Donkey Rides up on the games field. They also took Beat the Goalie very seriously and it was great to see Year Six enjoying the traditional Stocks - they were all thoroughly soaked by the end of it!

As we come to the end of another school year, we would like to thank you all for your continuing support of the PTA, and we look forward to seeing you all at our events next year. Please do put Saturday, September 28th 2019 in your diaries for the Autumn Fun Day.

Finally, to the parents and carers of all the Leavers, but especially those in Year 6, who have helped over the years – all be it serving Hot Dogs at the discos or running the Tub Tombola- a big thank you. We wish all the Leavers the very best at their new schools.

Running Goals Running Group

Common Concerns:

- "I won't be able to keep up and I'll end up getting left behind"
- "I'll be the last one in the group"
- "Everyone else will be better than me, and I'll be holding everyone back"
- "I have to be a "proper runner" to join in"
- "I have to be able to run 5k without stopping or I have to be able to run for the whole hour"

Don't worry, we hear you!

How Is Our Group Is Different?

- We plan every session carefully to cater for all abilities and ensure no-one ever gets left behind
- We're very supportive in encouraging you to take up running, irrespective of how fast or fit you currently are.
- We invest in you and go the extra mile to help you improve
- Every session we dedicate time to helping you improve your running technique
- Every week we provide each person with individual feedback to work on during the session

What The Hour Involves

We'll never just run continuously for an hour! Instead our sessions are broken up into lots of small segments:

- We all have a nice chat while we do a 5-10 minute slow-paced warm up jog.
- We spend 10-15 minutes doing warm up exercises that help raise your heart rate and improve your running technique.
- We spend 25-30 minutes on the session itself, covering a range of types including Intervals, Fartlek, Hills and Tempo runs. These types all have rests built in, so actual running time can be as little as 10 minutes, which makes it a lot more manageable.
- We finish with an easy, slow-paced 5-10 minute cool down jog and a discuss how we found the session and answer any questions you may have.
- After the session we log your splits to show your progress over time, with our runners regularly seeing huge improvements in their fitness.
- Meeting point - Tuesday at 8.50am by the school gate.



Matt Hughes

Director

Running Goals

T: 07519 603 633

Email: matt@runninggoals.co.uk Web: www.runninggoals.co.uk

Parking Around School

A polite request for parents to park with safety and consideration in mind, when dropping off or collecting from school. A number of parents are still parking on the yellow zig zag lines outside a school. This is illegal but also significantly reduces driver and pedestrian visibility around the school gates, making it extremely dangerous. Parking across residents' driveways is inconsiderate and selfish, even if only for a few minutes. Thank you for your co-operation and support to keep drivers, pedestrians and our local community safer at busy times before and after the school day.

Supervision at the End of the School Day

Please could we ask that parents / carers ensure that children are safely supervised once they have been dismissed by school staff. There have been some recent incidents where children have wandered away from parents/carers and had an accident or behaved inappropriately with others.

Pre-Loved Uniform

Thank you all for your support this school year. We have raised a total sum of **£375** which is a fantastic amount! We have also made a donation to Wirral Free Uniform Primary Schools which was gratefully received.

We will be arranging a final collection at the end of term, and an email will be sent out with dates/times and details of what we are able to accept. If you would like anything before the start of the Autumn Term 2019 please email us on uniformpta@gmail.com.

Again, thank you for your support and have a great Summer holiday!

Uniform Supplier

Uniform can be purchased from Uniformity Clothing using the link below
<http://www.uniformityschools.com/>

Uniform Sizing Room will be opened upon request. Please call into the school office and one of the admin team will assist you.

Scam Emails Warning

We have been made aware by the Independent Schools Council of recent email scams involving people posing as prospective parents to try to gain access to school details including logo's, email templates etc. This information is then fraudulently used to scam parents into making payments into their accounts. If you do receive an email of this nature or if you are unsure about an email, we would be most grateful if you could contact the school immediately.

Please be assured that our own bank account details have not and will not, for the foreseeable future, change. Avalon School does not send out emails regarding unsolicited discount rates. Any emails you receive containing invoices or statements will be sent from either accounts@avalon-school.co.uk, vellsmoor@avalon-school.co.uk or annevans@avalon-school.co.uk

Used Stamps

We are collecting used stamped for St John's Hospice. If you would like to donate any used stamps there is a collection box in the school office reception area.

Term Dates 2018-2019 & 2019-2020

2018/2019

Summer Term

Starts	Mon 15 th Apr 2019 Staff INSET Tue 16 th Apr 2019 Children Return
Easter May Day	Fri 19 th & Mon 22 nd Apr 2019 Mon 6 th May 2019
Half-Term	Mon 27 th May to Fri 31 st May 2019
Ends	Fri 12 th Jul 2019 – Normal Finish Time

2019/2020

Autumn Term	
Staff Training Days	Mon 2 nd Sept & Tuesday 3 rd Sept 2019
Term Starts	Wednesday 4 th September 2019
Half-Term	Mon 21st Oct to Fri 1st Nov 2019
Ends	Fri 13 th Dec 2019 - 12 Noon Finish
Spring Term	
Staff Training Day	Mon 6 th Jan 2020
Term Starts	Tuesday 7 th Jan 2020
Half-Term	Mon 17th to Fri 21st Feb 2020
Ends	Fri 3 rd Apr 2020 – Normal Finish Time
Summer Term	
Staff Training Day	Mon 20 th Apr 2020
Term Starts	Tuesday 21 st April 2020
May Day	Mon 4th May 2020
Half-Term	Mon 25^h May to Fri 29th May 2020
Ends	Fri 10 th Jul 2020 – Normal Finish Time

PTA Autumn Fun Day

Saturday 28th September 2pm to 5pm





**Should you have any concerns or suggestions,
please do not hesitate to contact us:**

Avalon School, Caldy Road, West Kirby, CH48 2HE

Tel: 0151 625 6993

Email: schooloffice@avalon-school.co.uk

Headteacher: Mrs J Callaway jcallaway@avalon-school.co.uk



Parent Toddler Group

1.45pm to 3pm
every Thursday
during term time.

£3 per child
including refreshments

Guest
Sessions Leaders
each week.

Come along for great
fun, toys, craft
activities and lots, lots
more!

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