

# **Parents Guide to the Condover residential 2024**



The information in this booklet hopefully answers some of the queries you may have. As you can imagine, however, it is not possible to answer every question in this booklet. With regard to your children, we fully appreciate that you will have thoughts and some possible concerns. There is no such thing as a “silly” question. You can ask questions of Mrs Kililiku or the Year 6 team at any time, whether in the open format this afternoon or in private.

The centre offers dormitory accommodation in a variety of room sizes (from 4-12) and during their stay all pupils will have the opportunity to take part in a huge variety of activities. The visit will also give the children the opportunity of developing their personal and social skills. The children will be able to take part in 5 different activities each day, including an evening activity. There are plenty to choose from such as abseiling, archery tag, climbing, high ropes, fencing, laser conquest, team challenges, zip wires and many more.

It is hoped that the following information will help you find out more about the trip, prepare the kit that your child will require and will give you some indication of the activities we will be undertaking when your child goes to Condoover.

- Learning new skills
- Gain an appreciation of the natural environment
- Exciting activities
- Developing an awareness of the needs of others
- Meeting personal challenges

### **Facilities**

There is a large sized games room at our disposal throughout our stay for indoor activities. There is a boot and clothes drying room, dining room and facilities for wet weather. It is important to note that we will NOT have sole use of the centre and its facilities for our trip. Avalon staff will be with the children at all times but will not be leading activities.

### **Food**

Food is excellent with extensive choices for every meal. Special diets are catered for. Avalon will be given a time slot and area for each meal and all meals are eaten in the shared canteen.

### **Bedrooms**

Children’s safety and wellbeing is our highest priority on the trip and we always act in “Loco Parentis” where the adults in the group take on some of the responsibilities as a “parent” and make decisions which are always in the best interest of the child. On the first night, the children have a fire drill and are shown where the evacuation points are.

All the teachers' rooms contain a door sign so that the children can find the staff easily. We have a number of rooms at our disposal. The school staff will decide on rooming but we always take in to account established friendship groups. The children will be expected to keep their rooms tidy, and to look after their own clothes.

### **Activities**

As part of the activity programme, the children will participate in numerous activities in and around the site. All these activities are provided by the centre and are delivered in conjunction with our teachers. They are very education centered with a focus on team building and problem solving whilst being exciting and adventurous.

The children will be accompanied by Avalon staff, although all the activities will be led by the expert instructors.

### **Contact with school**

We will only telephone parents if there is a specific reason or emergency which necessitates it. Please check the website and our school Facebook page for photos and up to date news! Any specific concerns from parents should be directed to the school office and they will contact the school party if necessary.

### **Medications**

Please send your children with any medicine they take on a regular basis (with a letter stating dosage) – this then needs to be given to a member of staff on the day we depart. Please don't send any other medicine in their bags, regardless of what it is. If you are unsure about anything, please see one of the teachers.

### **Suggested Kit**

As Condover is essentially an outdoor centre, the children should bring clothes which are appropriate for this purpose. The kit-list is by no means exhaustive.

All the activities are outdoors so it's **better to bring older clothing.**

- 3 Warm sweaters
- Waterproof jacket and trousers
- Woolly/Warm hat
- Warm Jacket
- 4 T Shirts / shirts
- 2 Pairs of track suit bottoms or similar (not jeans!)
- 4 Pairs of socks
- 2 pairs of old trainers
- Slippers or soft indoor shoes
- Pair of shorts
- Nightwear
- Swimwear

- Underwear for 4 days
- Additional casual clothes for indoor (and disco!) use
- Maximum £10 for spending (The Centre has a tuck shop, which sells sweets, drinks and small souvenirs)
- Large plastic bag for wet clothes
- Any medicine you take on a regular basis (this should be given to Mrs Keenan on arrival at Avalon)
- Toiletries (don't forget your toothbrush)
- 2 towels
- Torch
- Sun cream – Factor 20 at least
- Sunhat
- Book
- Sunglasses
- Fillable water bottle
  
- **Children must bring their own sleeping bag as these are not provided by the centre.**

#### **Important notes**

- **Children will not need their school uniform nor their PE kit**
- **The children are not allowed to bring mobile phones, iPads or electronic games to the centre. There are no exceptions to this rule.**
- **There is no secure storage for valuables such as jewellery – please do not bring any for security and health and safety reasons.**