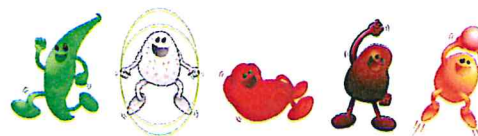


# DODGEBALL, BASKETBALL & HANDBALL CLUB



## Full of beans

CHILDREN'S FITNESS & SPORTS COACHING



### Avalon School

Thurs 20th Sept - Thurs 13th Dec

3.45 — 4.30

(no club on 15th Nov as parent eve)

This Club is open to children in years 3, 4, 5 & 6

**“Dip, duck, dive, and dodge with friends on the court in these fast-paced, exciting sports”**

Children will spend a few weeks on each sport, learning and developing their skills for each and taking part in fun competitions. No experience is necessary.



**Enhances fitness & ability**



**Builds Confidence**



**Develops team play**



**Improves throwing and catching ability**

The cost is just £4.33 per week and for 10 weeks is £43. We also offer sibling discounts.

If you would like your child to participate, please head to [www.fullofbeansfitness.co.uk](http://www.fullofbeansfitness.co.uk) & click the **REGISTER** button, top right hand side and look for your school.

This takes you to a secure site where your booking details can be entered and your payment taken.

Thank you ! *Nicky*

M : 07914 836 797

E : [nicky@fullofbeansfitness.co.uk](mailto:nicky@fullofbeansfitness.co.uk)

[www.fullofbeansfitness.co.uk](http://www.fullofbeansfitness.co.uk)

